

## **Canton City Health Department**

## **Division of Nursing**

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## CANTON CITY HEALTH DEPARTMENT ANNOUNCES NEW CLINIC START-UP ON JUNE 4, 2012

Thanks to partial funding from the Austin-Bailey Health and Wellness Foundation, beginning June 4, 2012, the Canton City Health Department will begin conducting an appointment driven, low cost (\$10) cardiovascular clinic for adults that will include blood pressure screening, cholesterol screening, and education regarding how to lower a person's risk for cardiovascular disease.

"This clinic is an effort to help people better manage their heart disease in a community setting" said James M. Adams, Health Commissioner. "We know that people do better when services are provided close to people, where they live or work."

The leading cause of death for Stark County residents is heart disease – during 2004-2006, an average of 1001 deaths occurred annually as a result of it. Although individuals can have a genetic predisposition for heart disease, there are high risk behaviors that can be modified to lower their risk. The focus of the Canton City Health Department's clinical approach is to encourage disease prevention and the maintenance of good health. In addition, Canton City Health Department will provide documentation of test results and progress to an individual's primary care physician thereby supporting the Medical Home concept of care.

Canton City Health Department staff will provide blood pressure screening and maintenance; lipid screening (total cholesterol (TC), high density and low density lipoprotein (HDL/LDL) and triglycerides (TRI)); height, weight, and body mass index (BMI); medical assessment for risk factors; and education regarding diet, exercise and smoking cessation. Once additional funding can be secured, Canton City Health Department hopes to initiate baseline and follow-up 12-lead EKG thanks to a donation of equipment made by the Canton Fire Department.

Please call 330-489-3322 to schedule an appointment. No one will be turned away due to his/her inability to pay.